**Names Giovanni Buonomo, Quang Huynh, Eagan Woodward**

**This brainstorming sheet will be checked for a grade Day 2**

**List your groups Top 10 Stress Busters here:**

punching bag, video games, listening to music, exercising, reading a book, look at memes, tell jokes, yoga, meditation, play sports.

**Remember, these questions and answers need to be included in your presentation**

|  |  |
| --- | --- |
| How would your room relieve stress? | Our room will be very calming and will have light colors and would be very soothing |
| Where would your room be located? | The cafeteria |
| What materials or services would you need to set up and maintain your room? | Wifi, Maid, Air Conditioning, TV, a console, some chairs, a bed, pillows, soft blankets, bench press, treadmill, exercising machines, soft chairs, i7 computers, phone chargers, stove, butler, doggos, arcade machines |
| How much do you think it would cost to set up and maintain your room? | $35,384 total |
| What hours would the room be available? | Lunch hours |
| Are there any criteria for a student to be allowed into the Stress Buster room? | Must do homework everyday, no referrals, and average must be higher than High Honor Roll |
| What are the rules of the room? | Same rules apply as the class/cave. |
| How would you advertise or promote your room? | Make posters and put them up around the school. |